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## What do elephants eat 1

Sarah Lee - 2025-12-09 - [Comments \(0\)](#) - [Elephants](#)

- **Grasses:** A major part of their diet, especially in the wet season.
- **Leaves and twigs:** Rich in vitamins and minerals.
- **Fruits:** Provide sugars and vitamins.
- **Roots and bulbs:** A source of starch and minerals.
- **Tree bark:** Elephants use their tusks to strip bark from trees, which provides calcium and roughage that aids digestion.